Supplementary Table 1. Baseline characteristics of the exclusion population

Characteristic	Category	Step 1	Step 2
Age (y)	40–49	9,925 (21.11)	191 (24.61)
	50–59	12,818 (27.27)	237 (30.54)
	60–69	16,062 (34.17)	232 (29.90)
	≥70	8,204 (17.45)	116 (14.95)
Sex	Male	28,432 (60.48)	389 (50.13)
	Female	18,577 (39.52)	387 (49.87)
Income	Quartile 1	11,963 (25.45)	231 (29.77)
	Quartile 2	15,474 (32.92)	175 (22.55)
	Quartile 3	11,461 (24.38)	212 (27.32)
	Quartile 4	8,111 (17.25)	158 (20.36)
Body mass index (kg/m^2)*	<18.5	1,743 (3.71)	20 (2.58)
	18.5–22.9	15,003 (31.92)	296 (38.14)
	23.0–24.9	10,259 (21.82)	182 (23.45)
	≥25.0	20.004 (42.55)	278 (35.82)
Smoking	Yes	24,260 (62.64)	289 (70.83)
	No	14,469 (37.36)	119 (29.17)
Physical activity	Insufficient	27,038 (57.52)	390 (50.26)
	Sufficient	19,971 (42.48)	386 (49.74)
Past medical history	Hypertension	8,563 (18.22)	100 (12.89)
	Diabetes mellitus	4,029 (8.57)	38 (4.90)
	Stroke	581 (1.24)	5 (0.64)
	Cardiovascular disease	1,397 (2.97)	18 (2.32)

Values are presented as number (%).
*Korean criteria: underweight <18.5 kg/m^2, normal <23.0 kg/m^2, 23.0 kg/m^2≤ overweight <25.0 kg/m^2, and obese ≥25.0 kg/m^2.